

The Scottish Context

Physical Inactivity as a Major Health Issue

- In 1998
only 28% women
41% men meeting the
recommended levels of
physical activity (rlpa)
- In 2014
this improved to 59% women
68% men rlpa.

Policy



SOUTH LANARKSHIRE
Leisure & Culture



MOVE Congress

Copenhagen
5-7 november

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Partnerships

Activage



Information leaflet



SOUTH LANARKSHIRE
Leisure & Culture

www.sleisureandculture.co.uk

South Lanarkshire Leisure and Culture Ltd is a recognised Scottish Charity, No. SC032549

- If you are aged 60 or over and live in South Lanarkshire you can use our indoor leisure facilities for only £51.50 per year with an 'Activage' card.
- You can get unlimited access to swimming, fitness classes, gym use and much more.

Marketing

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Secrets



Archie MacPherson



Jesper Grønkvist